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**Amendments to the Claims:**

This listing of claims will replace all prior versions, and listings, of claims in the above-captioned application;

**Listing of Claims:**

1-15 (canceled)

16. (currently amended) A method of making an absorbent device for insertion into a vaginal cavity comprising the steps of::

- a) manipulating a resilient member having a first arm having a rough surface and a second arm into a strained configuration;
- b) applying a restraint to maintain the resilient member in the strained configuration, forming an indicator structure, the restraint being capable of weakening upon exposure to moisture and the resilient member is capable of articulating to a relaxed configuration upon the weakening of the restraint into a movement in which the rough surface of the first arm traverses the second arm to generate vibration ~~discernible to~~ felt by a user; and
- c) forming an absorbent body containing the indicator structure.

17. (currently amended) The method of claim 16 wherein the step of forming the absorbent body comprises forming ~~the absorbent body~~ an intravaginal tampon around the indicator structure.

18. (currently amended) The method of claim 16 wherein the step of forming the absorbent body comprises forming ~~the absorbent body~~ an intravaginal tampon and inserting the indicator structure into the ~~absorbent body~~ intravaginal tampon.